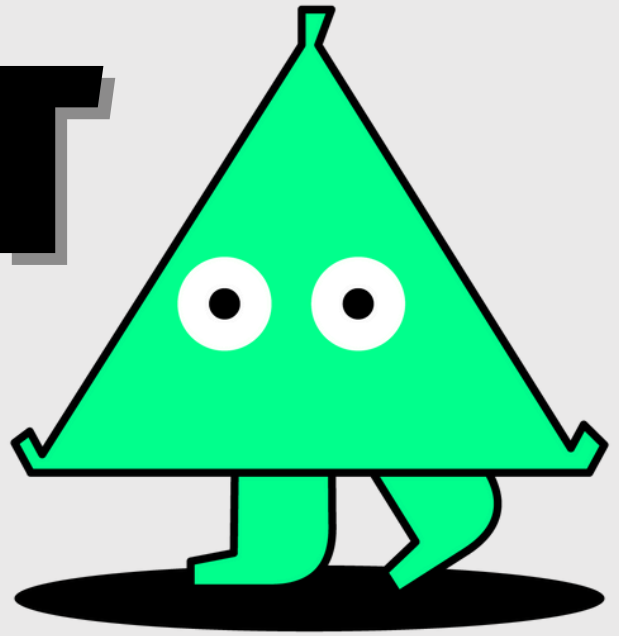


KIT LIST



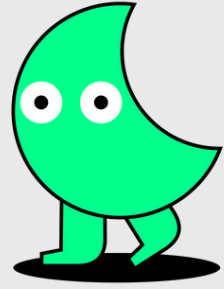
- Pillow
- Sleep bag and roll mat
- Tent
- Food and drink
- Waterproofs
- Hand sanitiser and wipes
- Toothbrush and toothpaste
- Woolly hat, scarves and gloves
- Spare underwear and socks
- Regular medications
- First aid kit
- Toilet roll
- Torch
- Portable charger
- LAYERS!



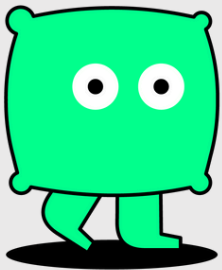
REMEMBER!

Make sure you check the weather in the lead up to your event so that you can pack accordingly!

EVERY **YOUTH**



sleep



out

help put youth
homelessness
to bed

THANK YOU!

for questions or support please contact
sleepout@everyyouth.org.uk