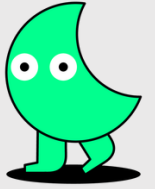


SLEEP OUT FAQ's



FUNDRAISING

How much do I have to raise?

We encourage all participants to raise at least £450 – if not more!

This could help cover the cost of a rent deposit for a young person moving into their own home for the very first time. Find out more about how EveryYouth supports young people into housing [here](#).

Where does the money go?

EveryYouth exists to help the most disadvantaged young people succeed in life. We help them enter meaningful employment, access mental health support and secure a home of their own.

We support young people through dedicated Housing, Health and Employability Funds. You can find out more about each fund on our website www.everyyouth.org.uk

We know that it takes more than just somewhere to live to help young people turn their lives around. The funds you raise by taking part in Sleep Out will go towards supporting our work wherever it is most needed, providing bright, happy futures for young people across the UK.

I can't find the link to my JustGiving page

You should have been prompted to create a JustGiving page when registering for the event. If you have lost this link please contact haya@everyyouth.org.uk. If you cannot remember your JustGiving log in information, please contact the JustGiving helpdesk via email or Live Chat.

Where can I find some ideas on how to raise funds?

By far the easiest way to raise funds is to share your JustGiving page with friends, family and colleagues. It's a quick and straightforward way for them to support your fundraising and the money they donate will go straight to EveryYouth. We have lots more ideas and helpful tips and tricks in our fundraising pack which you can download [here](#).

What is the deadline to reach my fundraising target?

You will have until 12th December to complete your fundraising.

What if I don't reach my fundraising target?

We have lots of tips and tricks to help you reach your total (maybe even surpass it!), but we don't want you to feel like you're going it alone, so make sure you reach out if you are worried about fundraising, you can get hold of our team by emailing haya@everyyouth.org.uk

We know that, for some people, reaching the £450 target will be harder than others. If you are a little short of your target please don't worry, but please do get in touch!

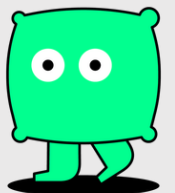
How do I share my challenge with friends and family?

We've created a whole host of social media posts for you to share throughout your challenge. Reach out to haya@everyyouth.org.uk to access them.

Some of my supporters want to donate by cash or cheque?

Please ask for this to be made payable to you, then deposit it into your own account and make a donation in that amount to your JustGiving page.

TAKING PART



Is this challenge suitable for everyone?

We aim to ensure that Sleep Out is an inclusive event. If you have specific concerns about taking part, please contact us directly. Please note, however, Sleep Out is an adult only event for participants aged 18 and over.

Is Sleep Out only for colleagues or can I invite family and friends?

You can invite as many friends and family as you like. The more people that give up their beds for the night, the greater impact we can have on the lives of the young people we support.

What if I have to withdraw from the challenge?

If for any reason you can no longer take part, please inform haya@everyyouth.org.uk as soon as possible.

Can I take part in this challenge on another date?

If you cannot make our Sleep Out event, you can always organise one of your own. We have a 'Hold Your Own' pack available and would be happy to talk to you in more detail. Please email haya@everyyouth.org.uk to arrange your own Sleep Out event.

Can I bring someone else on the day who is not registered?

It's important we have details for all participants prior to the event for health and safety reasons. We will accept registrations right up until a week before the event, if anyone does wish to join last minute, please let us know and we will do what we can to accommodate. It is worth noting that even late registrations will be expected to raise £450, so you will need to consider whether this is realistic at such short notice.

What information will I receive ahead of the event?

From the day you register until the night of Sleep Out and beyond, you will hear from us regularly. This will be a mix of fundraising tips, updates on impact, inspiring stories and advice about the event itself. Any time you have a question, you can simply contact haya@everyyouth.org.uk.

What equipment will I need to take part?

Please download the Kit List found on the website.

Will food and drink be available on the evening?

Absolutely! We're delighted that BEYroots are joining us again this year and they will be selling their delicious wraps. You'll also have access throughout the night to hot and cold drinks.

I have a question that isn't covered here, who do I contact?

You may have guessed it by now, but Haya is your go to for all things Sleep Out. Haya's email is haya@everyyouth.org.uk. We don't expect Haya to work round the clock though, so if you email and get an out of office, please do get in touch with info@everyyouth.org.uk. Our whole team is here to make sure you have the support you need throughout your Sleep Out experience.